

WELL-BEING
EVERYONE
EVERY DAY

The Durham District School Board presents
CULTIVATING WELL-BEING IN OUR FAMILIES:

A Journey of Hope

Discover ways to **cultivate healthy relationships** that support your child's **well-being and mental health**

Parents and community members are welcome to attend this **free** event.

The event is being repeated on two separate dates/locations. Please choose **one** of the options that best works for you!

OPTION A*

November 6, 2018 · 6:30–8:00 pm

J. Clarke Richardson Collegiate
1355 Harwood Avenue North, Ajax

OPTION B*

November 13, 2018 · 6:30–8:00 pm

DDSB Education Centre (Boardroom)
400 Taunton Road East, Whitby

Please note, the workshop learning will compliment the focus for the Regional SCC meeting scheduled at the same time)

***Advanced Registration is required**
<http://bit.ly/DDSBwellbeingNov2018>

Speakers: Joel David Witton and Germaine Ransome, Co-Founders of Inspiration Republic, an education company that takes their audience on a journey that will leave them entertained, educated, and inspired.



PARENT
ENGAGEMENT 

 **DDSB**
Ignite Learning

WELL-BEING. EVERYONE. EVERY DAY.