Henry Street High School

HFN 2O1
Food and Nutrition, Grade 10, Open
COURSE OUTLINE

COURSE DESCRIPTION	*This course explores the factors that affect attitudes and decisions about food, examines current issues of body image and food marketing, and is grounded in the scientific study of nutrition. Students will learn how to make informed food choices and how to prepare food. The course introduces students to research skills related to food and nutrition.*
UNITS OF STUDY	**UNIT 1** – Food Perspectives **UNIT 2** – Food Preparation **UNIT 3** – Science of Nutrition **UNIT 4** – Food Management **UNIT 5** – Canadian Concerns
ASSESSMENT AND EVALUATION	**Term Work…….52%** **Food Labs…….18%** **Summative……30%.....Final Lab…….10%** **Cook Book…..10%** Exam……10%
Other	