

# Ten-Pin Bowling

## Rules and Regulations

### PLAYING AREA

- Bowling lane is 60 ft from the foul lane to the head pin
- Lane is 1.05m wide
- The lane has 2 sets of approach dots located at 12 ft and 15 ft from the foul line.

### GAME PLAY

- A game of bowling consists of ten frames
- In each frame, the bowler will have 2 chances to knock down as many pins as possible
- If the bowler knocks down all of the pins with their first ball, they are awarded a strike
- If the bowler knocks down all of the pins with 2 balls, they are awarded a spare
- Bonus points are awarded for both of the above depending on what is scored in the next 2 balls (for a strike) or 1 ball (for a spare)
- If the bowler knocks down all 10 pins in the tenth frame, they are allowed an extra ball. This allows for a potential of 12 strikes in a game for a maximum score of 300!

### Scoring

-In general, one point is scored for each pin that is knocked down

-EX. If a player knocks down 3 pins with first ball and 6 with the second, they would have a score of 9 for that frame. If a player knocks down 9 pins with the first ball and none with the second, they would also have a score of 9.

-If a strike or spare is awarded in a single frame, bonuses are awarded.

- Strike- (X) when a strike is scored, the player is awarded 10 points plus a bonus of whatever is scored for the 2 balls in the next frame. The next 2 balls are also scored for that frame they are in. (counted twice)
- Ex. Frame 1- BALL #1 = 10 pins (strike)  
Frame 2 -BALL #1 = 3 pins  
-BALL #2 = 6 pins

**The total score from these throws is:**

Frame 1:  $10 + (3+6) = 19$

Frame 2:  $3+6 = 9$

Ex.2: Frame 1- BALL #1= 10 pins (**strike**)

Frame 2- BALL #1= 10 pins (**DOUBLE**)

Frame 3- BALL#1= 9 pins

BALL #2= 0 pins

**The total score from these throws is:**

Frame 1:  $10 + (10 + 9) = 29$

Frame 2:  $10 + (9 + 0) = 19$

Frame 3:  $9 + 0 = 9$

**The same format would be followed for 3 strikes in a row (TURKEY) or 4 in a row (4 BAGGER)**

Spare - (/) A player achieving a spare is awarded 10 points, plus a bonus of whatever is scored with only one ball from the next frame

- Ex. Frame 1- Ball 1 = 7 pins  
Ball 2 = 3 pins (SPARE)  
Frame 2- Ball 1 = 4 pins  
Ball 2 = 2 pins

**The total score from these throws is:**

Frame 1:  $7+3+4(\text{bonus}) = 14$

Frame 2:  $4+2 = 6$

