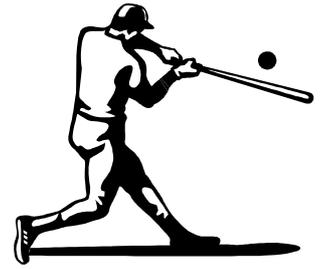




Slo-Pitch Rules

Henry St. High School



RULES OF PLAY

1. The Playing Field

- The bases are 60 ft apart
- Pitching distance is from 45-50 ft
- Commitment line is 25ft from home plate perpendicular to thirds base line
- A safety line will be drawn at home plate perpendicular to the 3rd base line from the front corner of home plate
- No more than 6 players will be in the infield until the ball is hit
- No defensive player can cross the baseline until the ball is hit

2. Equipment

- Home plate is a 24x48" board which is fair territory
- First base is a safety bag and the following rules apply:
 - o White portion is fair territory and orange is foul
 - o Defensive player must stand on white portion only, if any portion of orange bag is used, the runner is safe
 - o If a play is being made at first, the runner's first attempt must be to the orange bag, otherwise the runner will be called out
 - o Once first base is attained, the runner must use the white portion only

3. The Game

- Seven innings is a complete game
- Three outs or once through the batting order or mercy runs constitutes a teams' turn at bat

4. The Players and Team

- A team must have a minimum of 9 players, of which 4 are females to play

5. Pitching

- A strike pitch must land on a portion of the board with a minimum arc of 6 ft and a max of 12 ft

6. Batting

- The following is not allowed and the batter will be called out:
 - o Bunting or chopping downward at the ball
 - o Stepping on or in front of the board while making contact with the ball
 - o Throwing the bat
 - o Carrying the bat to first base
- A foul ball over 6ft, caught is an out

7. Base Running

- First base is a safety base as stated before
- After a play has been made and the pitcher has possession of the ball in the pitcher's area, two rules are in effect:
 - o a) if the runner is on a base, they must remain there
 - o b) if the runner is not a base, they have the option of advancing or returning to a base, at their own risk
- No base stealing is allowed, runners must keep foot on base and may only leave when the pitch has crossed the plate or is hit
- If a ball is thrown out of the play area, each runner is awarded the base they are going to plus one
- If a runner passes the commitment line, they must continue to home plate and are not allowed to return to 3rd base
- The runner is not allowed to step on home plate when running home. The runner must cross the safety line with a portion of their body touching the ground in order to score. A defensive player must have control of the ball while making contact with home plate before the runner reaches the safety line to be an out. NO tagging @ home.
- FORCE PLAY- when a runner must proceed to the next bag because a runner is behind them
 - o If playing defense, an out can be made by touching the bag
 - o If not a force play, the player must be tagged to be out.

8. The Playing Field Diagram

