

Rules for Speedball

Henry St High School

The Objective

Put the ball in your opponent's goal

The Rules:

1. A combination of soccer and handball/rugby/basketball
2. Start game with a jump ball or possession
3. When ball is in the air the game is handball; 3 steps maximum with the ball, pass to a team mate or shoot on goal
4. To score, shooter CANNOT be in the crease which is the basketball key (if in gym)
5. One handball score = 1 point
6. As soon as ball hits the floor (drop pass, bad pass, etc.) the game automatically switched to soccer
7. There is no crease rule for soccer goals, which can be scored from anywhere (scoring may vary per class)
8. Players can drop the ball on purpose to switch from handball to soccer
9. Players can catch a soccer kick to switch from soccer to handball; players can kick the ball up to themselves to convert to handball
10. Scoring:
 - a. Soccer goal=1 pt
 - b. Try between the goal posts=1 pt
 - c. Kick between uprights = 3 pts
 - d. Kick between uprights and caught on end zone by another player = 5 pts
 - e. Kick through narrow crossbar=10 pts